Monday	Tuesday	Wednesday	Thursday	Friday
Oct 5 Donut Sticks Apple 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Strawberry Nutri-Grain Bar Apple Cinnamon Nutri-Grain Bar Assorted Fresh Fruit Orange Wedges Apple Juice Lactose Free 1% Milk	Oct 6 Mixed Berry Smoothie Banana 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Apple Juice Lactose Free 1% Milk	Oct 7 Ham and Cheese Egg Bites Apple Slices Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Lactose Free 1% Milk	Oct 8 Sausage & Cheese Sandwich Apple 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Slices Apple Juice Lactose Free 1% Milk	Oct 9 Confetti Pancakes Banana Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Lactose Free 1% Milk
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Oct 19	Oct 20 Mixed Berry Smoothie Banana 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Apple Juice Lactose Free 1% Milk	Oct 21 Ham and Cheese Egg Bites Apple Slices Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Lactose Free 1% Milk	Oct 22 Confetti Pancakes Banana Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Lactose Free 1% Milk	Oct 23
Oct 26 Donut Sticks Apple 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Strawberry Nutri-Grain Bar Apple Cinnamon Nutri-Grain Bar Assorted Fresh Fruit Orange Wedges Apple Juice Lactose Free 1% Milk	Oct 27 Mixed Berry Smoothie Banana 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Apple Juice Lactose Free 1% Milk	Oct 28 Breakfast Burrito Banana Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Hot Sauce Packet Lactose Free 1% Milk	Oct 29 Sausage Gravy Bomb Apple 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Slices Apple Juice Lactose Free 1% Milk	Oct 30 French Toast Sticks Banana Apple Juice 1% Milk Skim Milk Cinn Toast Crunch Cereal Cocoa Puffs Cereal Apple Cinnamon Nutri-Grain Bar Strawberry Nutri-Grain Bar Assorted Fresh Fruit Apple Lactose Free 1% Milk